

AXIS Guests Waiver and Release Form

AXIS Performance Center urges all Guests of Member Trainers or Massage Therapists to obtain a physical examination from a doctor before engaging in any exercise program.

I am the guest of an AXIS Club Member Trainer or Massage Therapist and I am allowed to use the AXIS Club facilities through that Member Trainer or Massage Therapist. I have no relationship with AXIS except as an invitee of an AXIS Club Member Trainer or Massage Therapist. I acknowledge that the AXIS Club Member Trainer or Massage Therapist is not an employee or independent contractor of AXIS. I represent that I am in good physical condition and have no medical reason or impairment that might prevent me from my intended use of the AXIS Club facilities. As such, I acknowledge that AXIS did not give me medical advice before I used the AXIS Club facilities relating to my physical condition and/or ability to use the Club facilities. If I have any health or medical concerns now or before I use the Club facilities, I will discuss them with my doctor before using the Club facilities.

Weight training and related exercise activities are inherently dangerous activities in which participants and other individuals are under constant risk. I am fully aware of the potential dangers of engaging in exercise activities (such as resistance training, weight lifting, cardiovascular exercise, group exercise classes, any other exercise activity and massage therapy). In consideration of permitting me to participate in exercise activity or massage therapy, as applicable, at these premises including the entire indoor area and outdoor parking area, I agree to voluntarily release from and assume all liability and damages, and agree to indemnify, defend, and hold harmless, this Club and its shareholders, directors, officers, employees and representatives (including attorneys fees and costs) for any death, injury or damage suffered by any person, including myself, arising out of any of my activities at the Club even if the death, injury or damage is caused by the Club's own negligence.

I ACKNOWLEDGE THAT I HAVE CAREFULLY READ THIS WAIVER AND RELEASE AND FULLY UNDERSTAND THAT IT IS A RELEASE OF ALL LIABILITY. IN ADDITION, I HEREBY WAIVE ANY RIGHT THAT I MAY HAVE TO BRING A LEGAL ACTION OR ASSERT A CLAIM FOR INJURY OR LOSS OF ANY KIND AGAINST AXIS FOR NEGLIGENCE OR ARISING OUT OF OR RELATING TO MY PARTICIPATION IN ANY OF THE ACTIVITIES, OR USE OF THE EQUIPMENT, FACILITIES OR SERVICES AXIS PROVIDES, OR ON ACCOUNT OF ANY ILLNESS, ACCIDENT, OR DAMAGE TO OR LOSS OF MY PERSONAL PROPERTY IN CONNECTION WITH THOSE SERVICES.

Initials

All Guests MUST complete the following:

Print Guest Name	<input type="checkbox"/> Under 18, check if yes
Signature	Date

If participating client is under the age of 18, a parent or guardian must give signature for the parent release